Healing Journeys in the Sand
Sandplay Therapy Symposium
Melbourne 24–25 May 2025

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24–25 May 2025, 9am–5pm
In-person event
Treacy Centre
Parkville, Melbourne

A two-day Symposium exploring the depth of healing and transformation possible with Jungian Sandplay Therapy. Through case studies of the sandplay and psychotherapeutic journeys of children and adults, we witness the ways in which healing symbols emerge in their sandplay images.

PROGRAM

How Maui found his mother: Sandplay process of an 8 year old Māori boy
Carina Conradie

Islands in Sandplay: Hidden feelings or buried treasure? Sarah Gibson

Turangawaewae: Discovering a place to stand in the sand Jean Parkinson

Complex trauma: A child's journey from denial to acceptance Dr Mary Raftopoulos

Islands in Sandplay: Retreat or buried treasure? Sarah Gibson

'To be continued...': The continuity of conscious and unconscious narrative in the Sandplay process Carina Conradie

Sandplay and ISST Heather Lesley-Swan

All presentations are by internationally accredited Certified Sandplay Therapy Teaching Members of STANZA/ISST with many years of clinical experience, working with children, adolescents, adults and families with varied presentations and across a range of settings, locally and internationally.

SUPERVISION DAY

In-person small group supervision day

Friday 23 May, 9am–4.30pm

An added opportunity of presenting sandplay case material in a small group setting with two STANZA/ISST Teaching members.

Open to all Jungian Sandplay Practitioners (limited numbers).

REGISTRATION

Open to all STANZA Associate Members and sandplay practitioners. Other allied clinicians interested in Jungian Sandplay Therapy are welcome.

Supervision Group:
AUD$300.00 (Early bird AUD$280.00)

Two-day Sandplay Symposium:
AUD$600.00 (Early bird AUD$560.00)

Limited places so register your interest at:
sandplaysymposium2025@gmail.com

12 learning hours for STANZA/ISST Accreditation

New to Jungian Sandplay Therapy? Please consider completing the online module – Fundamentals of Sandplay Therapy.
https://stanza.asn.au/events-and-forums/

PRESENTERS

Carina Conradie is a clinical psychologist based in Hamilton, New Zealand. Originally from South Africa where she registered as an educational psychologist in 1995, her family immigrated to New Zealand in 2003 to pursue a career in dairy farming – her practice is on the farm, overlooking green paddocks. She became a certified independent member of ISST in 2016 and a teaching member in 2020. Sandplay is her main therapeutic modality with children, adolescents and adults. Carina offers sandplay personal process and training, individual and group supervision.

Sarah Gibson works as a Jungian Analyst (ANZSJA) and Sandplay Therapist (ISST) in private practice in Sydney. She has been working as a psychotherapist and sandplay therapist with adults for over 35 years, completing her Jungian analytic training with ANZSJA in 2003. As a Training Analyst Sarah teaches and supervises analytic trainees. She became a Certified Member of ISST in 2013 and a Teaching Member in 2017. Sarah has a particular interest in sandplay, story and creativity. Sarah is also an artist and filmmaker.

Jean Parkinson is a Registered Art Psychotherapist (ANZACATA) in private practice in Auckland, NZ Certified as an independent CST in 2016; CST-T in 2019. While previously working with children, adolescents and families for over 30 years, she currently works primarily with adults in Sandplay Therapy. She has a specific interest in attachment, trauma, neuro-development, and has experience in child protection, education, clinical supervision and natural disaster response. Jean is the founder of Sandplay Aotearoa.

Dr Mary Raftopoulos is a registered Psychologist/Supervisor (AHPRA), Play Therapist & Approved Supervisor (APPTA) and the first Internationally Certified Sandplay Therapist-Teacher (ISST CST-T) in Victoria. Mary's work spans over 20 years across a range of settings in Melbourne, London and Vancouver, in public health, education, the non-profit sector and private practice. For over ten years she worked as a Senior Psychologist at the Royal Children's Hospital, specialising in treating the impact of childhood trauma and abuse. Mary is now in full-time private practice offering psychotherapy, supervision and consultation to agencies and schools.

Heather Lesley-Swan is a Registered Jungian Analyst, Psychotherapist and Sandplay Therapist – Teaching Member based in Sydney. The first ANZ CST and CST-T, Heather has many years of clinical experience in a range of settings in Australia, Europe, UK, USA and Asia. Heather has particular interests in depth psychotherapy, mental and spiritual well-being, Life Review, Autism Spectrum, sibling grief and loss.

Sandplay therapy creates a bridge between the conscious and unconscious.

Dora Kalff (1904–1990) describes it as a "pathway to the psyche... In the hands of a properly prepared therapist, it is a powerful, invaluable modality".

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